

G.S. Kidd Memorial School

Term 2, Week 8
2022



From our Principal

NAIDOC – Please join us next Thursday

- ◆ Thursday 23/6/22 – Afternoon tea for families please *join us for afternoon tea 2:00pm. This will also be an opportunity to see the students work.*
- ◆ Friday 24/6/22 – students will be involved in activities.

Mini Woolworths

Our partnership with Woolworths is underway, we will have lots of exciting information to share with you in the very near future – say tuned!



Bec Maybury
Principal

NAIDOC WEEK

You're invited to celebrate
NAIDOC Week with GS Kidd Memorial School.

Join us for Afternoon Tea and see students work
displayed.

Thursday 23rd June 2022
2:00pm - at school.



Get up! Stand up! Show up!

Friday 24th June



Students and Staff are encouraged to wear red, black or yellow.

Students will need to bring their own morning tea.

Lunch (BBQ) will be provided



REMINDER

Just a reminder, we are encouraging all families to use the **School Stream App** as our preferred method for communicating with the school:

- **Absentees (including and partial absences for appointments)**
- **all notes/forms**
- **updating contact information**
- **keeping up to date with what is going on at school**
- **don't forget to turn on notifications so you don't miss a thing.**



Golf Day

Thank you to everyone who supported GS Kidd Golf day, a great day was had by all. These are some of the great prizes which were donated for the day.

The ZONES of Regulation

<p>BLUE ZONE</p> <p>Sad Sick Tired Bored Moving Slowly</p>	<p>GREEN ZONE</p> <p>Happy Calm Feeling Okay Focused Ready to Learn</p>	<p>YELLOW ZONE</p> <p>Frustrated Worried Silly/Wiggly Excited Loss of Some Control</p>	<p>RED ZONE</p> <p>Mad/Angry Terrified Yelling/Hitting Elated Out of Control</p>

Good for kids

good for life



Tips for Fussy Eaters: Involve your Child

- Talk to your child – what do they like? Discuss healthier options
- Involve your child in planning and preparing their lunch
- Try new foods at home before adding them to the lunchbox
- Role model how to enjoy everyday foods
- Remember, it can take a few tries to like a new food



Visit the Good for Kids website for more tips for fussy eaters.

Source: Tips For Fussy Eaters | Good for Kids, Good for Life (nsw.gov.au)

<https://www.goodforkids.nsw.gov.au/primary-schools/swap-it/tips/tips-for-fussy-eaters/>



Developed by Hunter New England LHD

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Good for kids

good for life



Traditional Indigenous Game: Brajerack

Background: Many different types of hide-and-seek games were played in Australia and the Torres Strait Islands. A game played in one part of Victoria in the latter part of the 1800s was called brajerack (the wild man). It was essentially a game of hide and seek whereby a player would hide in a wombat hole and would need to be dug out of this hiding place.

Short description: A simple game of hide and seek, suitable for younger children.



Players: Groups of four or more players

Playing area: A designated area suitable to the activity

Game play and basic rules

- The brajerack hides in the playing area and the other players attempt to find him or her.
- Change around after the brajerack has been caught.

Variations

- Have a number of brajeracks. After three are caught a new game begins.
- Play at night using torches.
- The brajerack hides somewhere in a hall or designated area and the finders only have 60 seconds to find him or her.

Source: Yulunga Traditional Indigenous Games, Australian Sports Commission

<https://www.sportaus.gov.au/yulunga>



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Cooking Classes





Jam Dross
Ingredients
2 eggs
.3/4 cup sugar
2 cups self-raising flour
125g butter
.1/2 cup strawberry jam
Method
1. Cream butter and sugar. Add eggs one at a time and beat in.
2. Add flour and mix into a stiff dough.
3. Break dough into small pieces, press hole in centre with a cork, and fill with jam.
4. Bake at 180C for about 15 minutes.
Make sure hole is a decent size, otherwise if it is too small the jam will overflow.



Upcoming Events

NAIDOC Afternoon tea - 23rd June from 2pm

NAIDOC Celebrations - 24th June

Last day of Term 2 - 1st July



Lunch Orders

Lunch ordering from Gunnedah South School canteen. Orders are offered on Tuesday only, with online ordering cut-off at 8am.

Term 3

22 July

5 August

2 September

16 September



GS Kidd Memorial School

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