

Wednesday, 23rd May 2018

Dear Families,

NEWSLETTER – Week 4 Term 2

Keeping your kids healthy – why kids need rules

Children repeatedly challenge the boundaries we set. No wonder so many parents get discouraged about establishing and enforcing limits, and even question if it's really worth the effort. Structure and rules are needed for kids to flourish. Rules...

- prepare children for the real world
- teach kids how to socialize
- provide a sense of order
- make kids feel competent
- reassure kids
- help keep kids safe

Establishing and enforcing rules is a labour of love that helps guard your child's safety while increasing their sense of cooperation and acceptance. Far from limiting kids, the boundaries you set now will give them the security they need to become more responsible, manageable and independent as they grow into adults.

Eisteddfod 2018

We will be performing as a school group on Thursday 31st May.

- Family and friends, who would like to attend the Music Eisteddfod on school days, must pay \$3 per session, even if their attendance is very short. A stamp will be issued to audience members who need to leave but wish to return to the Town Hall.
- Entry to the Gunnedah Town Hall will only be through the back door. Only teachers are to accompany school students into the Town Hall through the side door.
- Students, parents and siblings who are part of the audience must respect performers by not talking or moving around the hall during the performance of another competitor.

Facebook Page

We have created our own Facebook page which has been verified as the official page for our school. This page will highlight positive aspects of our school community and is not a platform to discuss anything negative. Please remind your child that it is illegal for staff to add students to their personal social media accounts. Direct your child to our Facebook page instead.

Transition to post school providers

Over the next few weeks Danielle Northey (itinerant support teacher) will be introducing families to several post school providers who service the region. The service providers include House With No Steps (HWNS), Sunnyfield, Kirinari and Challenge. We have many students who are enrolled in Years 10 – 12 and the earlier the planning starts the smoother the transition into post school settings. Please contact the school for more information.

Basketball

On Tuesday afternoons at 4:15pm, Shirley Ferguson has been running 'Awesome Opportunities Basketball' sessions to include our students and people with disability. The pictures below show how much the students are enjoying basketball with help from siblings!



Jump Up Trampoline Zone

Last Friday we had painters working around the school to paint the chipped doors. Given that students had to be out of the way it was a great opportunity to reward students who have been making great choices over the last 2 weeks. Most of the school travelled to Tamworth in our bus and spent 2 hours at 'Jump Up Trampoline Zone' and had lunch at Tamworth Regional Playground. The students had a fantastic day and looked thoroughly exhausted at home time!



DATES

Basketball with Shirley Ferguson – Tuesday afternoons at Gunnedah Basketball Stadium from 4:15pm
P&C Golf Day – Sunday 10th June

WEEKLY NEWS

23rd May, 2018



ENDEAVOUR TO ACHIEVE

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STAR OF THE WEEK



Rebekah Thomson – happy birthday to a maturing young lady!