

Wednesday, 16th May 2018

Dear Families,

NEWSLETTER – Week 3 Term 2

Keeping your kids healthy – family relationships

Healthy family relationships greatly influence children's mental health and wellbeing as they help children build trust and feel supported. Children can share worries and stresses within healthy families, and can be supported to manage through these challenges. Family relationships also offer children their first opportunities to practise positive relationship skills that they can apply to other relationships in their life; even simple skills like saying 'please' and 'thankyou'.

Making relationships a priority

- One way children learn is through observing adults behaviour, so it is important to role-model healthy interactions and place value on family relationships.

Showing affection

- Affection can be shown in a variety of ways; it can be physical or verbal. Showing affection within the family unit supports children to feel loved, cared for and safe.

Supporting each other

When children feel supported by family, they are more likely to experience a deeper bond and connection within the family unit. This assists children to manage life's inevitable stress

Eisteddfod 2018

We will be performing as a school group on Thursday 31st May.

- Family and friends, who would like to attend the Music Eisteddfod on school days, must pay \$3 per session, even if their attendance is very short. This has proved to be quite a problem in the past. Entry into the Eisteddfod is in part how we pay for Adjudicators, Town Hall hire, Medals etc. A stamp will be issued to audience members who need to leave but wish to return to the Town Hall.
- Entry to the Gunnedah Town Hall will only be through the back door. Only teachers are to accompany school students into the Town Hall through the side door.
- Students, parents and siblings who are part of the audience must respect performers by not talking or moving around the hall during the performance of another competitor. It is through these unique experiences that our young people learn appropriate behaviours on such occasions.

Facebook Page

We have created our own Facebook page which has been verified as the official page for our school. This page will highlight positive aspects of our school community and is not a platform to discuss anything negative. Please remind your child that it is illegal for staff to add students to their personal social media accounts. Direct your child to our Facebook page instead.

Mother's Day Concert

Last Wednesday the students from Room 5 presented a fun and lively concert dedicated to the special maternal figures in their lives. Thank you to Karen Hobson and Steve McCauley for organising this concert. The songs included; 'Little Biddy', '500 Miles', Brandan - 'It's Alright Now', Nicola - 'Tomorrow Never Comes', Alyssa – 'I Love My Mum', 'Chicken Fried' and 'Country Road'. Thank you to the family members who came to watch the 'rock concert'. We have posted the concert to our Facebook page.



Transition to post school providers

Over the next few weeks Danielle Northey (itinerant support teacher) will be introducing families to several post school providers who service the region. The service providers include House With No Steps (HWNS), Sunnyfield, Kirinari and Challenge. We have many students who are enrolled in Years 10 – 12 and the earlier the planning starts the smoother the transition into post school settings. Please contact the school for more information.

Cooking with Room 1

Room 1 students thoroughly enjoy their shopping and cooking program each Monday. Every week the students show increasing independence when preparing their lunch and cleaning the mess made in the kitchen.



DATES

P&C – meeting this Thursday, 5pm at GS Kidd Memorial School

No RDA – Friday, 18th May – excursion to Jump Up Trampoline Zone in Tamworth. Cost is \$10 per person and students need to bring morning tea, lunch and plenty of water. Students will eat their lunch at Endeavour Park or Tamworth Regional Playground.

Basketball with Shirley Ferguson – Tuesday afternoons at Gunnedah Basketball Stadium from 4:15pm

P&C Golf Day – Sunday 10th June

WEEKLY NEWS

16th May, 2018



GS KIDD MEMORIAL SCHOOL

37 Lincoln st

Gunnedah NSW 2380

P.O Box 316

Telephone: 6741 5200

Fax: 6742 4120

STAR OF THE WEEK



Heath King – great participation in all sporting activities!