

**Wednesday, 31<sup>st</sup> May 2017**

**Dear Families,**

## **NEWSLETTER – Week 6, Term 2**

### **Children & hydration**

Our bodies are made up of approximately 70% water. Water has many important functions in the body, including; regulating your body's temperature and digesting food. Children don't always recognise that they're thirsty and if they're not encouraged or reminded may forget to drink. Some of the common symptoms for dehydration include...

- Headaches
- Poor concentration
- Thirst
- Cracked lips
- Dry mouth
- Constipation
- Lethargy
- Dark urine

For children under 8 years of age, at least 4 - 6 glasses of water is recommended. For children older than 8 years of age a minimum of 6-8 glasses is recommended.

### **Yippee the Yowie**

Last Thursday Gunida Gunyah visited the school with platters of fruit and their mascot 'Yippee the Yowie'. We sincerely thank Jakob Kay, Karen Conlan and Daniel Irwin for donating their time and the delicious fruit platters.



### **Book Fair**

Thank you to families who supported our book fair last week. We are grateful that the majority of families supported the week in some form. Last Wednesday we read the official Scholastic Book Week story 'The Cow Tripped Over the Moon'. The story was interactive with staff playing the role of specific characters from the book which the students enjoyed immensely.

Thank you to staff for preparing the morning tea and to Deb Hartley (cow), Dale Wallis (moon), Kate Pinn (dog), Fiona Blake (fiddle), Sandy Cavanagh (cat), Sarah Dando (sun). Thank you to Colleen Priestley, Karen and Lindsey Mainey for helping us to celebrate the official 'reading aloud' book.



On Friday afternoon the majority of students and staff participated in the book fair parade and enjoyed dressing up immensely.





### Winanga-Li Winter Fair

Join us for an eventful afternoon at the Winanga-Li Family Centre on Saturday 2<sup>nd</sup> June from 3 – 6pm. There will be a variety of stalls to purchase new and used items from. Old Macdonald's Farm will be there with baby animals, rides for the little ones and more adventurous rides for the older kids. GS Kidd School will be manning the BBQ (profits to our school). Other items available include raffles, chocolate wheel, Slushies, hot potatoes plus lots more. For more information contact, WINANGA-LI ACFC, 12 Hunter st Gunnedah, 6743 0999 or [www.winanga-li.org.au](http://www.winanga-li.org.au)

### DATES

**Eisteddfod** – Thursday 1<sup>st</sup> June from 9am at the town hall, \$3 entry fee for friends and family to watch

**Tennis** – Thursday, 3 – 4pm

**School development day** – Saturday 3<sup>rd</sup> June, 9am – 4pm

## WEEKLY NEWS

31<sup>st</sup> May, 2017



ENDEAVOUR TO ACHIEVE

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### STAR OF THE WEEK



**Danielle Richardson – great participation during book week**