

**Wednesday, 10<sup>th</sup> May 2017**

**Dear Families,**

## **NEWSLETTER – Week 3, Term 2**

### **Infectious diseases**

Influenza (flu) is a contagious respiratory illness caused by influenza viruses. Most people recover after a few days but for some people it can be fatal. An influenza vaccination each year provides the best protection against influenza.

#### What are the symptoms?

People with influenza typically experience some or all of the following symptoms:

- fever and chills
- cough, sore throat and runny or stuffy nose
- muscle aches, joint pains, headaches and fatigue (feeling very tired)
- nausea, vomiting and diarrhoea (more common in children than adults)

#### How is it spread?

Influenza viruses are mainly spread by droplets made when an infected person coughs or sneezes. Influenza can also be spread through touching surfaces where infected droplets have landed.

#### How is it prevented?

- Stay at home until you're well. Wait at least 24 hours after your fever resolves so you that you are unlikely to infect other people. Keep sick children away from school and other activities.
- Call ahead to see a doctor. If you think you may have influenza and you need to see a doctor, call first so the clinic can take precautions to reduce the risk to other people.

### **Internal Security fence**

During the holidays we had a second set of security gates installed, the reason for this was primarily for the students' safety. We have had several incidents where angry students destroyed the first set of gates and broke the hinges.

Secondly some students are still learning to follow instructions and not abscond from the school. We did ask for the second set of gates to be the same size as the first set but this instruction was not followed. We will however keep the first set of gates open so everyone feels welcome!

### **Birthday wishes**

Last Friday we celebrated a few birthdays. Happy 18<sup>th</sup> birthday to Alysha who is shown below left celebrating with her friends at school. Thank you to mum Susan for the delicious cupcakes which was followed up with party food in the afternoon. We also celebrated Jamie and Jessie Hinton's celebrated 29<sup>th</sup> birthday and casual SLSO, Leesa Parker's too! (below right).



### **P&C follow up meeting**

Thank you to families who contributed to Tuesday's focus group on improving communication across the school. Items discussed (but not limited to) included...

- contacting teachers between 8am – 5pm via the school's phone or email to arrange meetings as needed
- parents will be notified of any changes in school routine through Sentral's (new software being installed this week) text message service
- fortnightly 'classroom news' inserted into the newsletter so families can discuss their child's learning at home

### Visit by NRL players

Last Friday Winanga-Li manager, Wayne Griffiths visited the school with several first grade Indigenous NRL players. Our footy tragics were excited to not only meet these talented athletes but got to play a quick game of touch footy with them too!



### New faces

We welcome Gerald Honner (below left) to the school as our General Assistant (GA) and thank Mark Single for all of his hard work as the GA over the past 16 months. Welcome to Sharron Curzon who is completing her Cert III in Education Support on Mondays and Thursdays.



### DATES

**Tennis with Robyn Louis** – Thursday 11<sup>th</sup> May, 'Sporting Schools' starts in week 2 (fitness group until tennis) and finishes in week 9 each term

**Seafood raffle** – running from Friday, 7<sup>th</sup> April – 30<sup>th</sup> June, 2 adults are required from 5:30pm and it's all over by 8pm

## WEEKLY NEWS

10<sup>th</sup> May, 2017



ENDEAVOUR TO ACHIEVE

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### STAR OF THE WEEK



**Braith Mirow – increasing independence during all school activities!**